



INTERNATIONAL FEDERATION OF
AMERICAN FOOTBALL
AGE RANGES – INTERNATIONAL COMPETITION



**INTERNATIONAL
FEDERATION**
OF AMERICAN FOOTBALL

Introduction

An athlete shall be eligible to compete in an age group competition under these Rules if they are within the age range specified in the relevant age group classification.

Proof of Age

An athlete must be able to provide proof of their age through presentation of a valid passport or other form of evidence as permitted by these regulations*

Any athlete who fails or refuses to provide such proof shall not be eligible to compete.

Age Ranges for Competition

Competition under these Rules may be divided into age group classifications as follows or as additionally prescribed in the relevant competition regulations for IFAF-sanctioned events. Please see the note below.

Adult

Any athlete of 18 years of age or older on 31st December in the year of competition.

Under-20 (U20) Men and Women

Any athlete of 18,19 or 20 years on 31st December in the year of competition.

Under-17 (U17) Men and Women

Any athlete of 16 or 17 years on 31st December in the year of the competition.

Under-15 (U15) Men and Women

Any athlete of 14 or 15 years on 31st December in the year of the competition.

Adult competition is defined as being: Any athlete of 18 years and above on 31st December in the year of the competition.

Safeguarding

All competitions which feature players or entourage who are below the age of 18 years must have a safeguarding protocol in place.

Note for competition age ranges: For example, a continental championship may choose to have an upper age of U19 so all players would be available for a U20 World Championship the following year. The lower age range cannot be reduced however.